

The national curriculum for physical education aims to ensure that all pupils:

- develop competence to excel in a broad range of physical activities
 - are physically active for sustained periods of time
 - engage in competitive sports and activities
 - lead healthy, active lives.

Attainment targets

By the end of each key stage, pupils are expected to know, apply and understand the matters, skills and processes specified in the relevant programme of study - **Mastery!**

https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/239040/PRIMARY_national_curriculum_-_Physical_education.pdf

	<u>Autumn 1</u>	<u>Autumn 2</u>	<u>Spring 1</u>	<u>Spring 2</u>	<u>Summer 1</u>	<u>Summer 2</u>
<u>EYFS</u>	Baseline.	Simple Hall Games / Outdoor Equipment.	Simple Hall Games / Outdoor Equipment.	Simple Dance Activities.	Throwing and Catching.	Field / Hall Games.
<u>Year 1</u>	Master basic movements... Multi - skills games.	Participate in team games... Football.	Perform dances using simple movement patterns... Topic based.	Develop agility and balance ... Gymnastics.	Master basic movements... Athletics.	Master basic movements... Tennis.
<u>Year 2</u>	Master basic movements... Multi - skills games.	Participate in team games... Football.	Perform dances using simple movement patterns... Topic based.	Develop agility and balance ... Gymnastics.	Master basic movements... Athletics	Master basic movements... Tennis
<u>Year 3</u>	Take part in outdoor and adventurous activity challenges both individually and within a team... OAA.	Use running, jumping, throwing and catching in isolation and in combination... Netball.	Perform dances using a range of movement patterns... Topic Based.	Develop flexibility, strength, technique, control and balance... Gymnastics.	Develop flexibility, strength, technique, control and balance... Sports hall Athletics/Track and Field.	Play competitive games, modified where appropriate... Rounders/Kick Rounders.

PULHAM CHURCH OF ENGLAND PRIMARY SCHOOL – PHYSICAL EDUCATION CURRICULUM MAP

Autumn 1	Monday	Tuesday	Wednesday	Thursday	Friday
Year 4	Netball		Swimming		
Year 5	Netball		Forest School		
Year 6	Netball		Forest School		
Autumn 2					
Year 4	Tag Rugby		Swimming		
Year 5	Tag Rugby		Dance		
Year 6	Tag Rugby		Elite		
Spring 1					
Year 4	Cross Country		Swimming		
Year 5	Cross Country		Elite		
Year 6	Cross Country		Dance		
Spring 2					
Year 4	Hockey		Swimming		
Year 5	Hockey		Gymnastics		
Year 6	Hockey		Elite		
Summer 1					
Year 4	Athletics		Swimming		
Year 5	Athletics		Elite		
Year 6	Athletics		Gymnastics		
Summer 2					
Year 4	K-rounders/Rounders		Forest School		
Year 5	K-rounders/Rounders		Catch-up skills		
Year 6	K-rounders/Rounders		Catch-up skills		